

Traditional and Specialty Camps

Packing List – 1 week of camp

The following is suggested for a one-week period*. These are guidelines for your convenience—adjust to your needs. It is a good idea to send mostly older items since outdoor fun can be hard on clothes. Please assist your camper with packing to help eliminate items arriving at camp that do not belong (cell phones, video games, expensive audio equipment, trendy clothing or expensive jewelry) and items that are prohibited (weapons, tobacco, drugs, alcohol and any other substances that can be used in an illegal manner).

*Laundry is done on an as needed basis

Please remember to label ALL of your camper's belongings!

Required Items:

- 2 pairs sneakers (required for activities)
- 2 sheets
- 1 sleeping bag or 1 blanket
- 1 pillow
- 1 pillow case
- 2 bath towels
- 2 wash cloths
- 1-2 beach towels
- 1 laundry bag w/ name
- 2 sets of pajamas
- 5-7 T-shirts
- 4-5 pairs of shorts
- 2-3 pairs of jeans or long pants
- 5-7 pairs of underwear
- 5-7 pairs of socks
- 2 bathing suits
- 1-2 UV protective/rash guard shirts
- 1 heavy sweater or jacket
- 1 sweatshirt
- 1 raincoat/poncho
- 1 pair of water shoes/sandals
- Water bottle (labeled)
- Sun block—SPF 30 or higher/broad spectrum/waterproof
- Sun glasses and hat/visor
- Deodorant
- Comb and brush
- Soap and shampoo
- Toothbrush and toothpaste
- Flashlight
- Insect repellent (non aerosol)
- Postcards/ paper & pen/stamps
- Small electric fan
- Small backpack
- Books for leisure reading

Optional Items

- Bottled water
- Mattress pad
- Camping Chair
- Camera (inexpensive)
- Sporting equipment (lacrosse stick, roller blades, skateboard, etc.)

Items to Leave at Home

- Cash
- Cell phones or electronics
- Expensive/irreplaceable items