## TRADITIONAL AND SPECIALTY CAMPS Packing List - 2 or more weeks of camp

The following is suggested for a two-week period\*. These are guidelines for your convenience-adjust to your needs. It is a good idea to send mostly older items since outdoor fun can be hard on clothes. Please assist your child with packing to help eliminate items arriving at camp that do not belong (cell phones, video games, expensive audio equipment, trendy clothing or expensive jewelry) and items that are prohibited (weapons, tobacco, drugs, alcohol and any other substances that can be used in an illegal manner).

Please include a laundry bag labeled with your camper's name, and to label ALL of their belongings!

## **Required Items**

- 2 pairs sneakers (required for activities)
- 4 sheets (a set or two flat sheets)
- 1 sleeping bag or 1 blanket
- o 1 pillow
- 2 pillow cases
- 4 bath towels
- o 2 wash cloths
- 2-3 beach towels
- 1 laundry bag w/ name
- 3 sets of pajamas
- 10-14 T-shirts
- 8-10 pairs of shorts
- 3 pairs of jeans or long pants
- 10-14 pairs of underwear
- 10-14 pairs of socks
- 2-3 bathing suits
- 3-4 UV protective/rash guard shirts

- 1 heavy sweater or jacket
- 1 sweatshirt
- 1 raincoat/poncho
- 1 pair of water shoes/sandals
- Water bottle (labeled)
- Sun block-SPF 30 or higher/broad spectrum/waterproof
- Sun glasses and hat/visor
- Deodorant
- Comb and brush
- Soap and shampoo
- Toothbrush and toothpaste
- Flashlight
- Insect repellent (non aerosol)
- Postcards/ paper & pen/stamps
- Small electric fan
- Small backpack
- Books for leisure reading

## **Optional Items**

- Bottled water
- Mattress pad
- Camping Chair
- Camera (inexpensive)
- Sporting equipment (lacrosse stick, roller blades, skateboard, etc.)
- Dress clothes for end of session banquet (3-week sessions ONLY)

## Please DO NOT BRING

- Cash
- Cell phones or electronics
- Expensive/irreplaceable item

<sup>\*</sup>Laundry is done every 2 weeks or as needed for 3 or 6 week campers.